



Parent council would like to invite all Parents, Guardians, and students to a presentation from Dr. Darcy Santor on Wednesday, June 5th from 5:00pm to 7:30pm in the Learning Commons.

The topic of the presentation will be on how to help your child(ren) cope with stress and anxiety.

You can find more information on the following website about online programs and classroom workshops, tips and strategies for educators and parents and much more.

<http://www.myhealthmagazine.net/index.html>

