



# ROCKLAND DISTRICT HIGH SCHOOL

## *Contact*

### *Secondary Mid-Semester Report Cards*

We are enclosing this newsletter with the secondary mid-semester report card for your son, daughter or ward. It gives an evaluation of the work accomplished from September 4th to November 9th, 2018 in each course.

Students who are doing well deserve our congratulations; those who could do better must be encouraged to try harder to achieve their potential; those who are having problems should seek extra help from their teachers. Studies have shown that students who receive encouragement and support at home with their school work tend to do better academically. Please be assured that the staff of Rockland District High School remain committed to helping and encouraging students to reach their potential.

If you have any questions or concerns about this report card, please contact the subject teacher(s), Student Services or the School Administration.

### *For Parents of Graduating Students*

Important points to remember:

- RDHS University Application Deadline: If students require help from the Guidance Department you must submit application by December 21<sup>st</sup>, 2018
- University Applications Deadline is January 16th, 2019  
\$150.00 Fee (to apply to 3 Universities and/or programs + \$44 for each additional choice)
- College Applications Deadline is February 1st, 2018 (equal consideration date)  
\$ 95.00 Fee (to apply to 5 colleges and/or programs)
- **A reminder that 40 hours of Community Involvement is a diploma requirement for graduating students.** Deadline for the hours is June 1<sup>st</sup>, 2019.

It is important that students double-check their number of credits earned.  
Please contact Mr. Lawford if you have any questions.

## Grade 7 Transition to RDHS a Success

We are pleased to say that the transition of our grade 7 students for the 2018-2019 school year has been a smooth one!

Congratulations to all those Grade 7 students getting involved in student life at RDHS.

## A Reminder not to Plan any Appointments during Exam Periods

A student who misses an exam requires a medical note, specifically stating that the student was sick on the day of the exam and that the student was seen by the doctor on or before the day of the exam. The student may be expected to write the exam at a later date.

## Remembrance Day Ceremony

RDHS observed Remembrance Day with a ceremony held on November 9th. Our uniformed students paraded into the gym accompanied by Mr. Burgess on the bagpipes which added a particular solemnity to the event. Emcee's Devon Haworth and Alex Ullett did a wonderful job introducing the variety of performances. Of particular note was the contribution by Mr. S. Murray's senior history class and the lovely recitation of In Flander's Fields by intermediate students Amber Chan and Miah Duetta. One of the highlights of the ceremony was a beautiful rendition of A Travelling Soldier by Alex Ullett.

Many others were involved in making this a memorable ceremony and Ms. McNeill would like to thank all those involved.

## Pride Alliance

The RDHS Pride Alliance is off and running. Pumped after attending the GSA Day at Russell High School, the students are brimming with ideas. We are planning a rainbow tie dye workshop in December - just in time to make a cool t-shirt to give as a gift. The Alliance is also continuing the planning for the calming room - the students have some excellent ideas!

## Improv Team

The RDHS Improv Team is in the line-up for the CONNORS CUP, an introductory, fun competition to be held on Monday Dec 3 at 8:00 p.m. The competition will take place at LabO, U of Ottawa 10 Daly Ave. Come on out for some laughs and give our team your support. Looking ahead, the regional finals will be in February.

The RDHS Glee Club - AKA the K-POP Dance Club is preparing for its contribution to the talent show happening on the last day of school before the holidays!

## Social Media

Facebook:

<https://www.facebook.com/RKDHS.Wildcats>

Website:

<http://rocklanddhs.ucdsb.on.ca/>

Twitter:

<https://twitter.com/RocklandDHS>

Our social media sites are where we post some of the events that are going on at RDHS. Please speak to your child about all the activities/events that happen at the school.

## RDHS Art Club Ms. Cranstone

The Senior Art Club is starting up again!

Students may do group projects, or work on individual projects or both, depending on what they decide that they would like to do. Do art your way! Pick your subject matter and what art medium you would like to work with. We are starting off with a painting project. In the past we have participated in various projects including painting, drawing, ceramics, printmaking, encaustic wax pictures, papier maché, wood box burning, beadwork, soapstone carving, candle decorating, and batik, among others. What is this year's group doing? Come and find out!

Any students interested in creating art (in grades 9-12) are invited to join. Starting as of Nov 14, we are meeting weekly in room 157 afterschool, running from 2:30 to 4:30. All welcome!

## iLead

iLead is going strong, having already gone to two events, and three more planned for the rest of the 2018-2019 year. The goal of iLead is to produce indigenous student leaders in our community. The little "i" represents the fact that Leadership skills more important than ourselves alone.

So far, we have participated in two workshops on Oct 11th and Nov 6th both at the North Grenville Municipal Centre in Kemptville, where we met other iLead students from high schools, across the Upper Canada School Board.

At the first workshop, we met First Nations Knowledge Keepers David Jock and Frances Derouchie, who gave traditional teachings about the Medicine Wheel and the four sacred Medicines. The students completed a Medicine Wheel craft reflecting the knowledge they had learned, to bring home with them.

At the second workshop, we met Patrick Cheechoo, a Mushkego artist from Constance Lake First Nation, Mr. Cheechoo likes to teach about living off the land along with Cree traditions and ceremony. He loves painting, photography and creating with vector- and pixel-based computer applications and his paintings have been sold to collectors all over the world including the U.S., England, China and Australia. He finds inspiration in the outdoors – seeing geese fly by, or a loon calling on a calm lake. He likes to tell stories while painting; one of the ones we heard that day was the legend of how the loon got its spots. Mr. Cheechoo guided the students through creating their own painting, which the students brought home with them, framed.

Any student with any First Nations, Metis or Inuit heritage, in grades 9-12, is invited. All costs, including transportation, meals and the activities are free. If interested in joining us for our next event on December 17, please speak to Miss Cranstone in Room 157.

## *Link Crew*

LINK CREW is a grade 12 peer-helping course where grade 12's assist grade 9's with the smooth transition into high school. LINK Crew organizes events such as Grade 9 Day, Grade 9 breakfasts, one-on-one math tutoring with the Intermediate classes, sports fundraisers, fun activity days, Tai Chi Club, Intramurals at lunch and the Variety Show.

LINK crew organized the Terry Fox Run which raised over \$400 for cancer research. In October, they organized a series of fundraisers to help families in need after their homes were destroyed by the tornado and raised over \$600 in funds.

This year LINK will be organizing the Christmas Food Drive taking place during the first two weeks of December. Students are encouraged to bring in canned goods to their homeroom classes. The class that brings in the most non-perishable items wins a pizza party!

## *Student Council*

The RDHS Student Council got its teeth into spirit during the Halloweek Spirit Days. Lots of students found their screaming voices as they travelled through the creepy haunted house. Many thanks to Ms. McNeill's Drama class for the jump scares.

Coming up, the council is planning for the holidays and our Winter Spirit Week events. High on the list of events is a Winter Formal Dance. Stay tuned.

The Council will also be participating in the annual Food Drive at RDHS... We want to make the biggest food drive ever. "Remember that the happiest people are not those getting more, but those giving more."

## *Intermediate Division Update*

The Grade 7 and 8 division has had a busy start to the 2018-2019 school year at RDHS. We are thrilled to welcome Ms. MacLennan, Ms. Madden, and Mme. Rivard to our team this year.

Returning to RDHS are Mme. Vachon, Mme. Cloutier, Ms. Moran, Ms. Jackson, and Mr. Parks.

Intermediate teams have had a successful start to the school year with both boys' and girls' soccer teams coached by Ms. Moran and Mr. Morris participating in a number of tournaments. The boys' soccer team represented RDHS well at the UC Cup this year. The cross-country team coached by Mme. Vachon worked hard with the high school cross-country team and represented our school well in Brockville. Students are now in the tryout process for the intermediate boys' and girls' volleyball teams coached by Mme. Vachon and Ms. MacLennan. Good luck to all the volleyball players.

Students have also had the chance to show off their RDHS pride through the purchase of the RDHS Hoodie. Hoodies arrived in time for students to wear them to the Rockland Nationals hockey game in early November. Schools from the Rockland community were treated to a matinee hockey game featuring the Rockland Nationals and Ottawa Junior Senators. RDHS was well represented and cheered the Nationals on to a win.

RDHS Intermediate students also had the chance to participate in rock climbing this year. Jungle Sports Inc. built a series of rock climbing structures in the gym and encouraged students to challenge themselves. Students participated in five one-hour sessions over the course of a week. Students reported that they really enjoyed the event and look forward to rock climbing again in the future.

## *Athletic Department*

### *INTRAMURALS*

Intramurals are friendly games that take place at lunch hour in the gym. Sign-up sheets are located outside of gym and are organized on a first-come first-served basis. Intramurals are organized by members of LINK crew as part of their ISU requirement.

### *CROSS COUNTRY TEAM*

The high school cross country team braved fierce winds and cold temperatures this season in preparation for EOSSAA that was held in Kemptville on October 26th. Seven members of the team raced at distances between 4-7km, alongside the top runners in Eastern Ontario. A series of pre-season meets helped to prepare the students for Race Day. Great work team!

### *JR GIRLS BASKETBALL*

The Junior Girls' Basketball team fought tooth and nail throughout their season. Top scorers for the team were Brianna Smith and Katie Stewart. The girls played in 5 season games at various locations in Prescott-Russell. Team players included Maraam Gueaieb, McKayla George, Alex Kozlowski, Taylor Machabee, Leah Davidson, Alicia Santos and Lea Junghanns. Great work girls!

### *PEP RALLY*

The Athletics Department hosted a Pep Rally in early October to honour the many students at RDHS that make their way to school for 6:30am practices and stay after school to brush up on their skills. This fall RDHS saw over 130 students participate in Jr Girls' Basketball, Sr Girls' Basketball, Intermediate Cross Country, Secondary Cross Country, Jr Boys' Soccer, Varsity Girls' Soccer, Intermediate Boys' and Girls' Soccer. Winter brings on a new round of sports opportunities!

Thank you to all the staff that generously give their time and knowledge to developing these fine young athletes!

## *Grind*

The RDHD annual sports marathon affectionately known as the "GRIND", was once again a huge success. This was the 18th year that students and staff have participated in the GRIND. With over half the school involved, as well as staff and as many as 25 alumni returning, participation was at an all-time high. This year's GRIND activities included some new activities as well as some old standbys like Kin Ball, Tchoukball and the always-popular musical chairs. This year's GRIND raised just over \$6000, the money going towards subsidizing the school's athletic program. ... Congratulations to all those involved!

## *RDHS Community Living Program*

The Community Living Program at RDHS has been quite active to start the school year. We have welcomed a couple of new students to our program. During period 2 this semester, we have focused on Language Development and will work on Numeracy next semester. During periods 3 and 4, students have been Exploring the World of Work and Exploring the World. The students have made regular excursions into the community to use facilities at the YMCA, and the Clarence-Rockland Public Library, as well as to frequent local businesses.

One way students have been preparing for the world of work, is by assuming responsibility for the RDHS Breakfast Program. They have developed their organization, teamwork, and food-safety skills by preparing healthy foods for students to eat when they arrive at school. In addition to regular breakfast staples like bagels with cream cheese, cereal/oatmeal, and fruit, the students have foods like grilled-cheese sandwiches, French toast, cheese curds, and yogurt parfaits to the menu. They regularly provide lunches for student who might need them. Breakfast Program is an important and popular program for RDHS students.

The CLP students have also been preparing for the world of work is by completing work placements two half-days per week at our partners RKPS and Shopper's Drug Mart. Work Placement is a valuable opportunity for our students to experience the work outside of the classroom environment with appropriate supports. Placements have helped our students to develop their independence and work skills.



## Senior Boys' Soccer

Rockland District High School fielded a junior boys' soccer team for the first time in two years. The team enjoyed great participation but fell short of making the playoffs. The school hopes to have both junior and senior squads in 2019-2020.

## School Yearbooks

Do you want to be able to remember the 2018-2019 school year and all the great things that happened at RDHS this year? If you do, make sure to buy your school yearbook. The yearbook class has been working hard at planning, organizing and photographing all your best memories of the year. This year's yearbook will be \$35. Yearbooks must be pre-ordered to guarantee you get one! There are no additional yearbooks ordered. Please go to <https://ybpay.lifetouch.ca/> to order. Our school yearbook ID code is 13686519. Payment method here is credit card. If you would prefer paying with cash, there will be lunch hour sales at the school in January.

If you have any questions regarding the yearbook, please contact Julie Hollingsworth at 613-446-7347 or [julie.hollingsworth@ucdsb.on.ca](mailto:julie.hollingsworth@ucdsb.on.ca)

## Literacy News...

This is a reminder to Parents/Guardians that the

Grade 10 Ontario Secondary School Literacy Test (OSSLT)

Will take place on Thursday, **March 27<sup>th</sup>, 2018**

*Passing the Literacy Test is a Diploma Requirement*

Regular in class practices are held semester one and two

Students will be practising in class with their grade 10 English teacher

Practice makes perfect

Reading and writing exercises in the same format as the formal

To pass the Literacy Test, students must achieve a score of 300 out of 400

Should you have any questions, please do not hesitate to phone the school

Please visit [www.eqao.com](http://www.eqao.com) for more information and ways to help your child

***Rockland District High School continues to be truly committed in ensuring that all students succeed in this***

***province-wide Test***

**\*Attendance is mandatory\***

## **Important Dates**

<b>November</b> 7 14 22 23	<ul style="list-style-type: none"> <li>- Elementary Progress Report Cards</li> <li>- Grade 9 'Take Our Kids to Work' Day</li> <li>- Mid-Semester Report Cards (secondary)</li> <li>- PA Day – No classes</li> </ul>
<b>December</b> 24-31	<ul style="list-style-type: none"> <li>- Christmas Holidays</li> </ul>
<b>January</b> 1-4 7 TBD(2daysbetween14-25) 21-23 24-30 31	<ul style="list-style-type: none"> <li>- Christmas Holidays</li> <li>- Classes resume</li> <li>- Grade 9 Assessment of Mathematics (1st sem. students)</li> <li>- Practical exams (secondary)</li> <li>- Exams (secondary) – cafeteria services closed</li> <li>- PA Day</li> </ul>
<b>February</b> 1 11 TBD 18 19	<ul style="list-style-type: none"> <li>- 1st day of Semester 2 – Day D</li> <li>- Secondary Semester 1 Report Cards</li> <li>- Graduation photos – Grade 8 &amp; 12</li> <li>- Family Day</li> <li>- Elementary Report Cards</li> </ul>
<b>March</b> 7 11-15 21 27	<ul style="list-style-type: none"> <li>- Preliminary Progress Report (secondary)</li> <li>- March Break</li> <li>- Parent/Guardian Night</li> <li>- Ontario Secondary School Literacy Test (Grade 10)</li> </ul>
<b>April</b> 5 19 22 26	<ul style="list-style-type: none"> <li>- PA Day</li> <li>- Good Friday</li> <li>- Easter Monday</li> <li>- Mid Semester Report Cards (secondary)</li> </ul>
<b>May</b> 20 31	<ul style="list-style-type: none"> <li>- Victoria Day</li> <li>- PA Day</li> </ul>
<b>June</b> TBD TBD TBD 17-20 21-27 TBD 27 27 27 28	<ul style="list-style-type: none"> <li>- Celebration of Success</li> <li>- Graduation Prom</li> <li>- Grade 9 Assessment of Mathematics (2<sup>nd</sup> semester students)</li> <li>- Practical Exams</li> <li>- Exams (Secondary) - cafeteria services closed</li> <li>- Grade 8 Celebration Ceremony</li> <li>- Intermediate Report Cards</li> <li>- Last day of school for students</li> <li>- Grade 12 Graduation Ceremony</li> <li>- PA Days – No classes</li> </ul>



## School Council - 2018-2019

### **Council News:**

It's hard to believe that we are already into our third month at school. Last month your school council elections were held, and the results were as follows: **Chair:** Diana Kortelainen, **Vice-Chair:** Shannon Charette, **Secretary:** Vacant, and **Treasurer:** Lori Van-Every. We are currently looking for a volunteer to fill the Secretary's position.

**Community Events:** The 2016 Rockland Christmas Parade of Lights will be held on the **25th of November @ 4pm** on Laurier Street. Thanks to the many students, parents, school staff and community volunteers the event was a huge success last year. The children are excited and looking forward to the event this year. The Theme of this year's Float is, "**Harry Potter**". If you are interested in volunteering this year, please join us in prepping the Float Saturday the 24th at 0900 am in the school cafeteria. You can contact: [RDHSCHAIR@GMAIL.COM](mailto:RDHSCHAIR@GMAIL.COM) for more information.



**RDHS Spirit Wear:** Show off your school pride by purchasing RDHS Spirit Wear. Orders can be made online at [Amplifyit.ca](http://Amplifyit.ca) or at the school office. Order forms are available in the office.

### **Your School Fundraisers:**



Student Price Card are now available for sale. **SPC cards** offers discounts and deals on items such as fashion, food, shoes, and travel and more. If you are interested in getting a card for your child, please contact the school office.

Our next school council meeting is scheduled for the **21st of January @ 7pm**. Please come and join us in the **school Learning Commons**. All parents and guardians are welcome.

If you have any ideas, comments or concerns on how we can make our school a better place for our children please share them with your council by emailing us at:

[RDHSCHAIR@GMAIL.COM](mailto:RDHSCHAIR@GMAIL.COM)

Your School Council would appreciate your input. Please provide us your comments by completing the survey on the following page.

Thank you,

Diana Kortelainen  
Chair  
School Council

